

Galway Athletics Coaching Series 2021

Schedule of Sessions

U13-U19 Long Jump, Triple Jump, Saturday May 29, Ballinderreen GAA, 10am

10am	Girls U13 Long Jump
10.45am	Boys U13 Long Jump
11.30am	Girls U14 Long Jump
12.15pm	Boys U14 Long Jump
12.15pm	Girls U15 Long Jump
1pm	Boys U15 Long Jump
1pm	Girls U16 Long Jump
1pm	Boys U16 Long Jump
1.45pm	Girls U17 Long Jump
1.45pm	Boys U17 Long Jump
1.45pm	Boys U18 Long Jump
1.45pm	Girls U19 Long Jump
2.10pm	Girls U17 Triple Jump
2.10pm	Boys U17 Triple Jump

Boys & Girls U9 & U10 Dangan Sunday May 30

2.30pm	Girls U9 60m
2.30pm	Boys U9 Long Jump
2.30pm	Girls U9 Turbo
3pm	Boys U9 60m
3.45pm	Girls U9 Long Jump
3.45pm	Boys U9 Turbo
4pm	Girls U10 60m
4.30pm	Boys U10 60m
5pm	Girls U10 Long Jump
5.30pm	Boys U10 Turbo Javelin
6.15pm	Boys U10 Long Jump
6.20pm	Girls U10 Turbo Javelin

U13-U19 Boys & Girls 800m/1500m Wednesday June 2, Mervue 6.30pm

- 6.30pm** Girls U13 800m
Boys U13 800m
- 6.50pm** Girls U14 800m
Boys U14 800m
- 7.10pm** Girls U15 800m
Boys U15 800m
- 7.20pm** Girls U16 800m
Boys U16 800m
Girls U17/18/19 800m
Boys U17/18/19 800m
- 7.30pm** Girls U13 1500m
Boys U13 1500m
Girls U14 1500m
Boys U14 1500m
Girls U15 1500m
Boys U15 1500m
Girls U16 1500m
Boys U16 1500m
Girls U17/18/19 1500m
Boys U17/18/19 1500m

Boys & Girls Shot Put Doughiska, Thursday June 2 at 7pm

- 7pm** All Girls Shot Put
- 8pm** All Boys Shot Put

Boys & Girls U11 & U12 Dangan Saturday June 5

2.30pm	Girls U11 60m	Homestraight
2.30pm	Boys U11 60m	Backstraight
2.30pm	Boys U11 Long Jump	Northside
2.30pm	Girls U11 Turbo	Southside
2.30pm	Boys U11 Turbo	
3pm	Girls U11 600m	
3.45pm	Girls U11 Long Jump	
3.30pm	Boys U11 600m	
4pm	Girls U12 80m	Homestraight
4.30pm	Boys U12 80m	Backstraight
4.45pm	Girls U12 600m	
5pm	Girls U12 Long Jump	
5.15pm	Boys U12 Turbo Javelin	
5.20pm	Boys U12 600m	
6.15pm	Boys U12 Long Jump	

Boys & Girls U13-U19 Sprints, Hurdles, Walks, High Jump, Long Throws Sunday June 6

2.30pm	Girls U13 High Jump	
2.30pm	Girls U14 High Jump	
2.30pm	Boys U13 High Jump	
2.30pm	Boys U13 Javelin	
2.30pm	Girls U13 Javelin	
2.30pm	Boys U14 Javelin	
2.30pm	Girls U14 Javelin	
2.45pm	Girls U15 100m	Homestraight
2.45pm	Boys U15 100m	Backstraight
2.45pm	Boys U16 100m	Backstraight
2.50pm	Boys U17 100m	Backstraight
2.50pm	Girls U16 100m	Homestraight
2.55pm	Boys U17 100m	Backstraight
2.55pm	Girls U17 100m	Homestraight
2.55pm	Boys U18 100m	Backstraight
2.55pm	Boys U19 100m	Backstraight
2.55pm	Girls U18 100m	Homestraight
3pm	Girls U15 High Jump	
3pm	Boys U14 High Jump	
3pm	Boys U15 High Jump	
3.15pm	Girls U13 100m	Homestraight
3.15pm	Boys U13 100m	Backstraight

Homestraight
Backstraight

- 3.15pm** Girls U14 100m
3.15pm Boys U14 100m
3.20pm Girls U15 Javelin
3.20pm Boys U15 Javelin
3.20pm Girls U16 Javelin
3.20pm Boys U17 Javelin
3.20pm Girls U17 Javelin
3.45pm Girls U16 High Jump
3.45pm Girls U17 High Jump
3.45pm Boys U16 High Jump
3.45pm Boys U17 High Jump
3.45pm Girls U18 High Jump
3.45pm Boys U18 High Jump
3.45pm Girls U19 High Jump
3.50pm All 1200m Race Walks
4pm All Hurdles
U13 Girls 60mHurdles (2' 3", pink)
U13 Boys 60mHurdles (2' 3", pink)
U14 Girls 75mHurdles (2' 3", orange)
U14 Boys 75mHurdles (2' 6", orange)
U15 Girls 80m Hurdles (2'6", Black)
U16/17 Girls 80m/100mHurdles (2' 6", black)
U15 Boys 80mHurdles (2' 9", black)
U18/19 Girls 100/110mHurdles (2' 6", yellow)
U16/17 Boys 80m/100mHurdles (2' 9", yellow)
U18/19 Boys 100/110mHurdles (3', blue)
4.15pm All Discus
5.25pm Girls U14 200m
5.30pm Boys U14 200m
5.35pm Girls U15 200m
5.40pm Boys U15 200m
5.45pm Girls U16 200m
Boys U16 200m
Girls U17 200m
Boys U17 200m
Girls U18 200m
Boys U18 200m
Boys U19 200m
Girls U18 400m
Boys U17 400m